WHAT IS CLAIMED IS:

A medication delivery apparatus comprising:

 an antistatic holding chamber comprising a plastic material having a

 surface resistivity of between about 10E10 and about 10E12 ohm/sq.

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- 2. The apparatus of claim 1 wherein said plastic material comprises a polypropylene material.
- 3. The apparatus of claim 1 wherein said holding chamber has an input end and an output end, and further comprising a backpiece separate from said holding chamber and comprising an elastomeric material having a surface resistivity of between about 10E10 and about 10E12 ohm/sq, wherein said backpiece is connected to said input end of said holding chamber.
- 15 4. The apparatus of claim 3 wherein said backpiece comprises an opening formed therethrough, said opening shaped and adapted to receive a portion of a pressurized metered does inhaler.
- 5. The apparatus of claim 1 wherein said material comprises a 20 PermaStat® material.
 - 6. The apparatus of claim 1 wherein said material is selected from the group consisting of polypropylene, polycarbonate, polystyrene, nylon, acrylonitrile butadiene styrene, high density polyethylene, acetal, polybutylene terephthalate, and polyethylene terephthalate glycol.
 - 7. The apparatus of claim 1 wherein at least a portion of said holding chamber is see-through.

- 8. The apparatus of claim 1 wherein said surface resistivity of said plastic material is between about 10E10 and about 10E11 ohm/sq.
 - 9. A medication delivery apparatus comprising:
 - a holding chamber; and
- a component separate from said holding chamber and comprising a material having a surface resistivity of between about 10E10 and about 10E12 ohm/sq, wherein said component is connected to said holding chamber.
- 10. The apparatus of claim 9 wherein said component comprises a mouthpiece connected to an output end of said holding chamber.
 - 11. The apparatus of claim 9 wherein said component comprises a backpiece connected to an input end of said holding chamber.

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- 12. The apparatus of claim 11 wherein said backpiece comprises an elastomeric material.
- 13. The apparatus of claim 9 wherein said holding chamber comprises a plastic material.
 - 14. The apparatus of claim 13 wherein said plastic material has a surface resistivity greater than about 10E12 ohm/sq.
- 25 15. The apparatus of claim 13 wherein said plastic material has a surface resistivity of between about 10E10 and about 10E11 ohm/sq.
 - 16. The apparatus of claim 13 wherein said plastic material comprises a polypropylene material.

- 17. The apparatus of claim 11 wherein said backpiece comprises an opening formed therethrough, said opening shaped and adapted to receive a portion of a pressurized metered dose inhaler.
- 5 18. The apparatus of claim 11 wherein said material comprises a PermaStat® material.
 - 19. The apparatus of claim 11 wherein said material comprises a thermoplastic elastomer material.
 - 20. The apparatus of claim 9 wherein said material is selected from the group consisting of a polyurethane elastomer, polyester elastomer, styrenic elastomer and olefinic elastomer.
- 15 21. The apparatus of claim 9 wherein at least a portion of said component is see-through.
- A method of delivering an aerosol medication comprising:
 providing an antistatic holding chamber comprising a plastic
 material having a surface resistivity of between about 10E10 and about 10E12 ohm/sq, said holding chamber comprising an input end and an output end; introducing said aerosol medication into said holding chamber through said input end; and inhaling said aerosol medication through said output end.

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- 23. The method of claim 22 wherein said plastic material comprises a polypropylene material.
- 24. The method of claim 22 wherein said surface resistivity of said plastic material is between about 10E10 and about 10E11 ohm/sq.

- 25. The method of claim 22 further comprising providing a backpiece separate from said holding chamber and connected to said input end of said holding chamber, said backpiece having an opening therethrough and comprising an elastomeric material having a surface resistivity of between about 10E10 and about 10E12 ohm/sq, and wherein said introducing said aerosol medication into said holding chamber through said input end comprises introducing said aerosol medication into said holding chamber through said opening in said backpiece.
- 26. The method of claim 25 further comprising providing a pressurized metered dose inhaler having a portion inserted into said opening in said backpiece, and wherein said introducing said aerosol into said holding chamber further comprises actuating said pressurized metered dose inhaler.
- 27. The method of claim 22 wherein said plastic material comprises a PermaStat® material.
 - 28. The method of claim 22 at least a portion of said holding chamber is see-through.
- 29. A method of delivering a medication comprising:

 providing an antistatic holding chamber; and a component separate
 from said holding chamber and comprising a material having a surface resistivity
 of between about 10E10 and about 10E12 ohm/sq, wherein said component is
 connected to said holding chamber;

introducing said medication into said holding chamber; and delivering said medication from said holding chamber to a user; wherein at least one of said introducing said medication into said holding chamber and said delivering said medication from said holding chamber comprises exposing said medication to a surface of said component.

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- 30. The method of claim 29 wherein said surface resistivity of said material is between about 10E10 and about 10E11 ohm/sq.
- 31. The method of claim 29 wherein said component comprises a5 mouthpiece.
 - 32. The method of claim 29 wherein said component comprises a backpiece.
- 10 33. The method of claim 32 wherein said backpiece comprises an elastomeric material.
 - 34. The method of claim 29 wherein said holding chamber comprises a plastic material.

35. The method of claim 34 wherein said plastic material has a surface resistivity greater than about 10E12 ohm/sq.

- 36. The method of claim 34 wherein said plastic material has a surface resistivity of between about 10E10 and about 10E11 ohm/sq.
 - 37. The method of claim 34 wherein said plastic material comprises a polypropylene material.
- 25 38. The method of claim 32 wherein said backpiece comprises an opening formed therethrough, and further comprising providing a pressurized metered dose inhaler having a portion inserted into said opening in said backpiece, and wherein said introducing said medication into said holding chamber further comprises actuating said pressurized metered dose inhaler.

- 39. The method of claim 29 wherein said material comprises a PermaStat® material.
- 40. The method of claim 29 wherein said material comprises a thermoplastic elastomer material.
 - 41. A medication delivery apparatus comprising:
 an antistatic component comprising a see-through material having a surface resistivity of less than about 10E12 ohm/sq.
 - 42. The apparatus of claim 41 wherein said component comprises a holding chamber.
- 43. The apparatus of claim 41 wherein said surface resistivity is between about 10E6 and 10E12 ohm/sq.

- 44. The apparatus of claim 43 wherein said surface resistivity is between about 10E10 and 10E12 ohm/sq.
- 20 45. A medication delivery apparatus comprising:
 an antistatic component comprising means for providing a surface
 resistivity of between about 10E10 and 10E12 ohm/sq.
- The medication delivery apparatus of claim 45 wherein said
 antistatic component is selected from the group consisting of a holding chamber, a mouthpiece and a backpiece.